



DAILYAUDIOBIBLE WINDFARM PRAYER ROOM

a word about journaling

As we read how the Children of Israel were set free from slavery in epic fashion by the mighty hand of God we are able to see the creation a culture before our eyes under the leadership of Moses. One of the very interesting aspects of this development is the fact that God kept showing up right when they needed Him no matter how stupid they'd been acting. He always came for them whether it was to provide water in the desert or victory over a foe. Usually when this happened God told them to erect an altar or pile up some rocks at the location. Why? It wasn't that He wanted to be worshiped particularly. It was that He wanted them to never forget what had happened there. And not just them, future generations as well.

"Each of you heft a stone to your shoulder, a stone for each of the tribes of the People of Israel, so you'll have something later to mark the occasion. When your children ask you, 'What are these stones to you?' you'll say, 'The flow of the Jordan was stopped in front of the Chest of the Covenant of God as it crossed the Jordan – stopped in its tracks. These stones are a permanent memorial for the People of Israel.'"

Joshua 4:4-7

After this tradition journaling can be a powerful reminder of God's work in our lives. So often we blow through life with the vaguest awareness of what God is actually doing. A lot of times we find ourselves with our backs to a mountain and our faces to the sea with nowhere to go and wondering where it is that God went. When we have journals full of our life story we can literally see the hand of God moving in these situations. It's easy to observe how we feared deeply about something and how it resolved itself because of God's faithful and enduring love. When we find ourselves in a challenging season it's helpful to return to our journals to remind ourselves as the Children of Israel did that God shows up.